

# Meet Diplomate Dr. Joe DePasquale: What His AADSM Status Means For You.

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If you know Dr. Joe, then you know how committed he is dentistry. At our patient-focused, dental office in York, we take the whole you into consideration, putting you back in charge of your health.

We've been lucky enough to help people and their smiles for over two decades. After all this time there's one thing that stands true – You never stop learning. We're always researching and reading about the latest advancements in dental treatments and technology. That's where the AADSM (American Academy of Dental Sleep Medicine) and ABDSM (American Board of Dental Sleep Medicine) come in to play.

## **UNDERSTANDING DR. JOE'S DENTAL SLEEP MEDICINE CONNECTION**

Before we talk about Dr. Joe's outstanding Diplomate achievement, let's get to know these organizations a little bit better with a brief history:

**AADSM** – The American Academy of Dental Sleep Medicine was established in 1991. It's the only non-profit national professional society dedicated exclusively to the practice of dental sleep medicine. The AADSM is the leading national organization representing dentists who treat sleep-disordered breathing, which includes obstructive sleep apnea (OSA) and snoring, with oral appliance therapy (OAT).

**ABDSM** – Established in 2004, the American Board of Dental Sleep Medicine is an independent, non-profit board of examiners that certifies dentists who treat snoring and obstructive sleep apnea with oral appliance therapy. Today more than 325 ABDSM Diplomates are providing quality treatment for patients across the country.

In addition to being one of York's top dentists, Dr. Joe now joins an elite group of only a few hundred members that span the United States.

## **WHAT DIPLOMATE STATUS MEANS FOR YOU**

Dr. Joe pursued his Diplomate status to serve his patients better and the sleep physicians he with closely treat your sleep apnea. When you earn this certification, it shows you have both the clinical understanding and experience with patients using oral appliances as successful treatment devices.

Dr. Joe had to complete a computer-based exam and the AADSM Mastery Program to earn his Diplomate title and expertise. The Program is very comprehensive, and evidence-based to equip dentists with hands-on training and skills they need to help their patients sleep better again.

In order for Dr. Joe to be able to treat you for sleep apnea, you must have a written prescription from a Sleep Physician. Sleep physicians know and recognize the Diplomate certification, regarded as the gold standard in dental sleep medicine. Dr. Joe has in-depth experience, technical skills, and professional judgment to help you overcome your sleep apnea symptoms.

It's easy to see why patients from all across our area call on Dr. Joe to help them stop snoring and get a good night's sleep. With oral appliance therapy (which is covered by most insurance plans) you can say goodbye to your never-ending cycle of bad sleep. Call our dental office in York to talk about your concerns and learn how we can help. Your Dental Health Coach and Diplomate, Dr. Joe, is ready to listen and help.